# for Superior Performance Warm-Ups \& Technique for Band 

Richard Williams \& Jeff King



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## Mark Westels, <br> Percussion Consultant

Mark Wessels is the head band director at Shepton High School in Plano, TX. He is the former Percussion Instructor/Arranger for the Sky Ryders Drum and Bugle Corps, a position he held from 1985-1991. Mr. Wessels holds a Bachelor of Music Degree from the University of Texas at Arlington and is a former instructor of the famed University of North Texas Drumline.

Mark is very active in the area of secondary education and has given numerous clinics around the United States. He is an adjudicator for Drum Corps International. His beginning method books, A Fresh Approach to the Snare Drum and A Fresh Approach to Mallet Percussion are best sellers throughout Texas and are rapidly spreading to other areas of the country. Mark is a clinician for the Ludwig Drum Company and the Sabian Cymbal Company.

# Foundations for Superior Performance Warm-Ups and Technique for Band 

by Richard Williams and Jeff King<br>Mark Wessels, Percussion Consultant

A comprehensive and sequential book of warm-ups, scales, technical patterns, chord studies, tuning exercises, and chorales for concert band.

Designed to organize the daily rehearsal and advance the performance level of the ensemble.
Practical and efficient exercises in all twelve major keys developed in the classroom.

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Concert F

Concert F

Concert F

Concert F

Concert F

Concert F .....  .....  .....  .....  ..... 34-35 .....  .....  .....  .....  ..... 34-35 .....  .....  .....  .....  ..... 34-35 .....  .....  .....  .....  ..... 34-35 .....  .....  .....  .....  ..... 34-35 .....  .....  .....  .....  ..... 34-35

Concert

Concert

Concert

Concert

Concert

Concert .....  .....  .....  ..... 36 .....  .....  .....  ..... 36 .....  .....  .....  ..... 36 .....  .....  .....  ..... 36 .....  .....  .....  ..... 36 .....  .....  .....  ..... 36

Concert C

Concert C

Concert C

Concert C

Concert C

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## Section 1: Snare Drum Warm-Ups

## Snare

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Each instrument will play concert $F$ in their middle register. Since the mallet percussion are concert pitched instruments, there is no need to transpose.

Copy the note in measure one into measure two.


Your director will divide the band into various sections or groups for the listening drill Concert F Around The Band.

Group 9

Once the instruments have been placed into groups, write the name of the instrument(s) in the appropriate box below (every box may not be used).

## As you play the exercise, keep the following concepts in mind:

- match the primary parts of each note (attack-sustain-release)
- work for a smooth shape to each note (no bumps in the sound)

- hand off tenuto notes (full value) without creating "holes" between the attacks
- match intonation, intensity, volume, tone quality, and the "body of sound"
- be aware of the different colors (timbres) of the instrument groups and their location in the room
- listen from the bottom groups and balance low-middle-high


# MALIETS 

## Articulation Exercises

## Articulations: A Study in Styles

Four connected quarter-notes (tenuto). The sound of one note "touches" the next note.

Four quarter-notes in "lifted" style. Four quarter-notes "lifted and The attack is the same as tenuto, short" (staccato). Separated but the end of the note is tapered. and detached (half full value).


Eighth-notes in connected style. Eighth-notes in lifted and short style.


Eighth-note triplets in connected style. Eighth-note triplets in a detached style (bounced).


Sixteenth-notes in a connected style.


## Articulation Exercise on Concert $F$



## MALLETS

## Concert F Descending 1

$$
\text { Two Mallet Pattern: Single Strokes } \uparrow
$$



Four Mallet Pattern: Single Independent Strokes $\otimes_{0}^{1234} \overbrace{0}^{4}$


## Concert F Descending 2

Two Mallet Pattern: Single Strokes $9 \bigcirc$


Four Mallet Pattern: Single Independent Strokes $\stackrel{1}{2}_{\square}^{2} 0_{0}^{4}$


## Long Tone 1

1a - Two Mallet Pattern: Rolls $\varphi \varphi$

lb - Two Mallet Pattern: Rolls $9 \varphi$


$$
\text { Ic - Four Mallet Pattern: Single Independent Strokes } \mathrm{Q}^{2} \mathrm{O}_{0}^{3}
$$



## MALLETS

## Long Tones

## Long Tone 2

Four or Two Mallet Pattern: Alternating Independent Strokes O2 $^{2} 0^{3} \bigotimes_{0}^{4}$ or 90


## Long Tone 3

$3 a-$ Four or Two Mallet Pattern: Alternating Independent Strokes $\times \mathrm{Q}^{1} \mathrm{Q}^{3}$ or




## MALLETS

Warm-Up Set 1

Option 1 (roll all notes) $\uparrow \uparrow$


Option 299


Option 3 (wrist strokes) $९$


Option 4 (wrist strokes) $\uparrow \uparrow$


Option 5 (wrist strokes) ÓóỎ̊


## Warm-Up Set 2

Option 1 (all notes rolled) $9 \uparrow$




Option 39


Option 499



$8 A$
Warm-Up Set 3
Option 1 (roll quarters and above) $\uparrow \uparrow$


Option 299


6雨……


Option 399






## MALLETS

## Warm-Up Set 4

Option 1 (roll all notes) $9 \bigcirc$




Option 399


Option 4 (wrist strokes) Q $_{1}^{2} \mathrm{O}^{3} \mathrm{X}^{4}$


Option 5 (wrist strokes) i¢


Major Scale


Harmonic Minor


Melodic Minor


Mini-Scale \& Tonic Arpeggio


## Scale Pattern 1



## Scale Pattern 2



Scale in Thirds


## Interval Study



Chord Study 1


## Chord Study 2



Technical Exercises in the Key of F
Major Scale


Harmonic Minor


Melodic Minor


Mini-Scale \& Tonic Arpeggio


Scale Pattern 1


## Scale Pattern 2



## Scale in Thirds



## Interval Study



Chord Study 1


## Major Scale



Natural Minor


## Melodic Minor



Mini-Scale \& Tonic Arpeggio


## Scale Pattern 1



## Scale Pattern 2



## Scale in Thirds



## Interval Study



## Triads of the C Scale Qog ${ }^{134}$



## Chord Study 1



Chord Study 2


## MALLETS

Technical Exercises in the Key of $G$
Major Scale


## Harmonic Minor



## Melodic Minor



## Mini-Scale \& Tonic Arpeggio



## Scale Pattern 1



Scale Pattern 2


Scale in Thirds


## Interval Study



Triads of the $G$ scale $X^{12} 0^{34} 0^{4}$


Chord Study 1


Chord Study 2


Major Scale


## Melodic Minor



## Mini-Scale \& Tonic Arpeggio



Scale in Thirds


Technical Exercises in the Key of A
Major Scale


## Natural Minor



Harmonic Minor


## Melodic Minor



## Mini-Scale \& Tonic Arpeggio



Scale in Thirds


## MALLETS

Technical Exercises in the Key of E

## Major Scale



## Harmonic Minor



Melodic Minor


## Mini-Scale \& Tonic Arpeggio



Scale in Thirds


## Technical Exercises in the Key of B

Major Scale


## Mini-Scale \& Tonic Arpeggio



## Scale in Thirds



Technical Exercises in the Key of Gb


## Mini-Scale \& Tonic Arpeggio



## Scale Pattern 1



## Scale Pattern 2



## Scale in Thirds



Interval Study


## Triads of the $G b$ Scale $\mathrm{g}^{2} \mathrm{~g}^{3} \mathrm{O}^{4}$



Chord Study 1


## Chord Study 2



Technical Exercises in the Key of Db

## Major Scale



Natural Minor


Harmonic Minor


## Melodic Minor



## Mini-Scale \& Tonic Arpeggio



## Scale Pattern 1



## Scale Pattern 2



## Scale in Thirds



## Interval Study



## Triads of the Db Scale ${ }^{1} 0^{2} O_{0}^{34}$



Chord Study 1


## Chord Study 2



## MALLETS

Technical Exercises in the Key of $A b$
Major Scale


Harmonic Minor


Melodic Minor


## Mini-Scale \& Tonic Arpeggio



## Scale Pattern 1



## Scale Pattern 2



## Scale in Thirds



## Interval Study



Triads of the Ab Scale OO $^{2} \mathrm{~B}^{4}$


Chord Study 1


## Chord Study 2



Major Scale


Natural Minor


## Harmonic Minor



## Mini-Scale \& Tonic Arpeggio



## Scale Pattern 1



## Scale Pattern 2



L R L R etc.

## Scale in Thirds



## Interval Study



## Triads of the Eb Scale OO $^{1} Q^{3} \rho^{4}$



Chord Study 1


## Chord Study 2



## MALLETS

30

## Chorales \& Tuning Exercises in Bb

## Interval Tuning

1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)


## 2 Intervals of a major 3rd on the I-IV-V-I chord progression



## 3 Intervals of a perfect 5th on the I-IV-V-I chord progression



## Chord Tuning



Chorale 1 (full band)


Chorale 2 (full band)


## Chorale Melody on Chester



Chester (full band)


## Chorales \& Tuning Exercises in F

## Interval Tuning

1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)


## 2 Intervals of a major 3rd on the I-IV-V-I chord progression



3 Intervals of a perfect 5th on the I-IV-V-I chord progression


## Chord Tuning



Chorale 3 (full band)


Chorale 4 (full band)


Chorale Melody on Bach 95



Bach 95 (full band)


## Chorales \& Tuning Exercises in ${ }^{\boldsymbol{b}} \boldsymbol{b}$

## Interval Tuning

1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)


2 Intervals of a major 3rd on the I-IV-V-I chord progression


3 Intervals of a perfect 5th on the I-IV-V-I chord progression


Chord Tuning


## Chorale 5 (full band)



Chorale 6 (full band)


Chorale Melody on America


## America (full band)



## MALLETS

36

## Chorale \& Tuning Exercises in C

## Interval Tuning

## 1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)



Chord Tuning


Air (full band)


## Chorale \& Tuning Exercises in c minor

## Interval Tuning

## 1 Intervals from tonic (minor 3rd, perfect 4th, perfect 5th)



## Chord Tuning



Greensleeves (full band)


## MALLETS

38

## Chorale \& Tuning Exercises in G

## Interval Tuning

## 1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)



## Chord Tuning



Pavane (full band)


## Chorale \& Tuning Exercises in g minor

## Interval Tuning

## 1 Intervals from tonic (minor 3rd, perfect 4th, perfect 5th)



## Chord Tuning



The Queene's Alman (full band)


## Chorale \& Tuning Exercises in Ab

## Interval Tuning

## 1 Intervals from tonic (major 3rd, perfect 4th, perfect 5th)



## Chord Tuning



All Through the Night (full band)


## Mallet Appendix

- One Octave Scales and Arpeggios
- Full Range Scales
- Chromatic Scales
- Major Arpeggios and Inversions
- Four Mallet Grips (page 90)



## One Octave Scales \& Arpeggios

In All Twelve Major Key Signatures

Use the same sticking and rolls on all scales.

Bb


A


Gb


Db


A $b$


Eb


## Chromatic Exercises



## Bb Chromatic Scale



## F Chromatic Scale



## Full Range Scales

## In All Twelve Major Key Signatures

Use the same sticking and rolls on all scales.




Gb



Ab


Eb


Full Range Chromatic - Mallets Only


Chromatic Scales
F

F\#

G

Ab
 A
 Bb

B
 C
 Db

D

Lb

E


## Major Arpeggios \& Inversions



G


Ab


A


Bb


B


C


## Major Arpeggios \& Inversions



