

Beginning Strings -Viola-

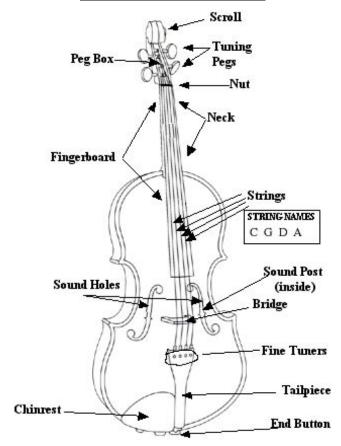


Name:	School:						
_							

Classroom Teacher:_____



Parts of the Viola



Taking Care of Your Viola

Handle With Care! Your instrument is made of breakable wooden parts, so repairs can be expensive and time consuming.

Do not let anyone play your instrument unless it is your teacher or an experienced player you trust.

Never push down the case lid to make it close all the way. Before closing and latching it, check for things that may be out of place inside. (Be sure, for example, to remove your shoulder pad before putting your instrument away)

Keep your instrument clean! After playing, wipe off the rosin dust, smudges, fingerprints, etc., with a soft clean cloth. Always wash your hands before playing your instrument.

Do not let your instrument get too hot or too cold. If the temperature is uncomfortable for you, it is also bad for your instrument. For example, never leave your instrument in a car on a hot or cold day.

Allow only an experienced repair person to fix your instrument.

Make sure your bridge is lined up correctly and standing straight at all times. If it gets out of place, ask your teacher to fix it for you.

Lesson One: Getting Started

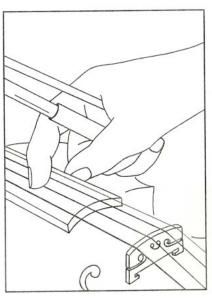
Holding your Viola

- 1. Make sure your shoulder rest is placed on on your viola correctly
- 2. Stand or sit "tall" keeping your head facing forward
- 3. Holding the viola parallel to the floor by the right upper shoulder and guiding it with your right hand, bring it toward you at an angle to your left



- 4. As you bring the viola toward you, place the end button close to your throat. Turn your head slightly to the left and tuck the edge (the bump) of your chin rest under your jaw to the left of your chin.
- 5. If your position is correct, you should feel relaxed and comfortable-able to easily move your head up and down and side to side. Your shoulder rest should allow you to hold your viola with no help from your hands.



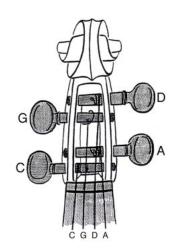


- 1. Place the tip of your right thumb on the side of the fingerboard (near the corner)
- 2. Extend your first finger and pluck the string about 2-3 inches over the end of the fingerboard.
- 3. Keep your thumb anchored on the side of the fingerboard
- 4. For the best sound, make the string vibrate as much as possible.

The Viola has four open strings.

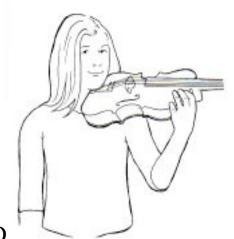
They are named from lowest to highest, left to right, and thick to thin. This sentence will help you remember which order they are in:

Cats Get Dogs Angry.



Let's Review how to hold the viola in playing position.

- 1. Stand or sit tall.
- 2. Instrument rests on left collar bone and shoulder
- 3. Jaw drops comfortably onto the chinrest (heavy head)
- 4. Left hand rests on the shoulder of the viola
- 5. Place left elbow directly beneath wrist/shoulder line



1. Rock House

DDDD DDDD DDDD DDDD

2 Rock Hound

AAAA AAAA AAAA AAAA

3. Rock Tango

DDAA DDAA AADD AADD

4. The Twist

GGDD GGDD AADD GGGG

5. Lazy Afternoon

GGDD AADD GGDD AAGG

6. Skip to My Lou

DDDD AAAA DDDD AADD

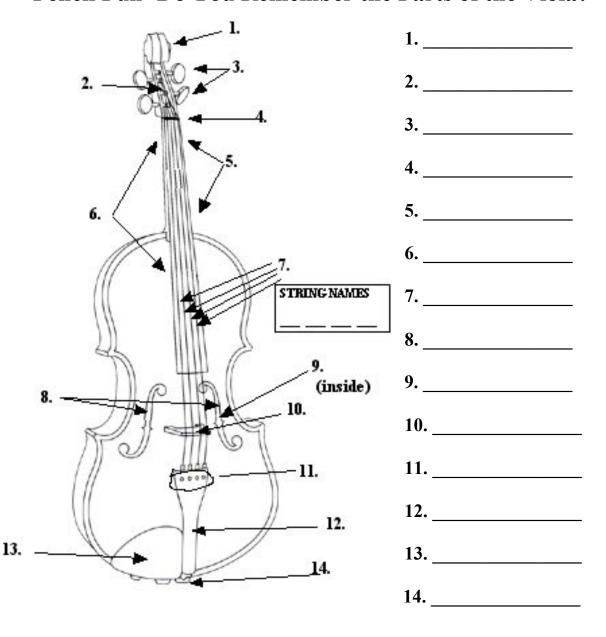
7. Mary Had a Little Lamb

DDDD DDDD AAAA DDDD

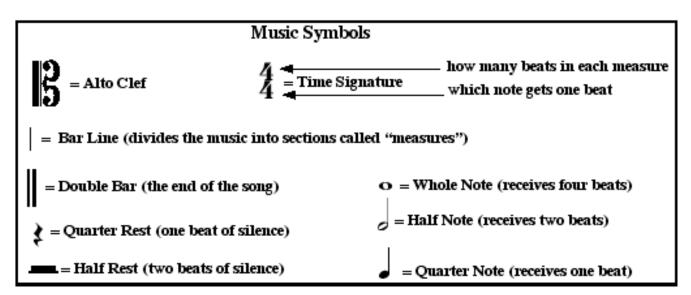
DDDD DDDD AAAA D-D-

8. Cycle of	Strings	Quarter Rest (one beat of silence)										
3 3 3 3	$A \times A \times A$	DDDD	G G G G	$C \subset C \subset C$								
CCCC	GGGG	DDDD	AAAA	3 3 3 3								

*Pencil Fun- Do You Remember the Parts of the Viola?



Lesson Two: Reading Music (Open Strings)



9. Teeter Totter



10. Bullfrog



11. Kangaroo



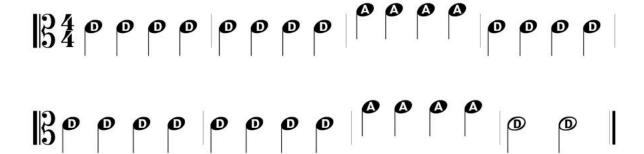
12. Skip to my Lou



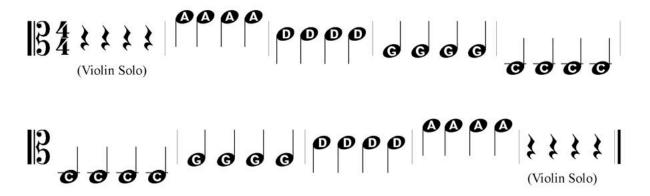
Lesson Three: More Open Strings



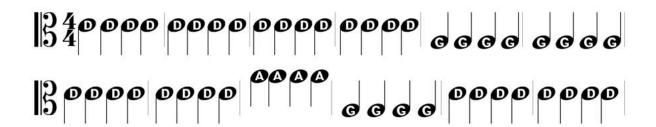
13. Mary Had a Little Lamb



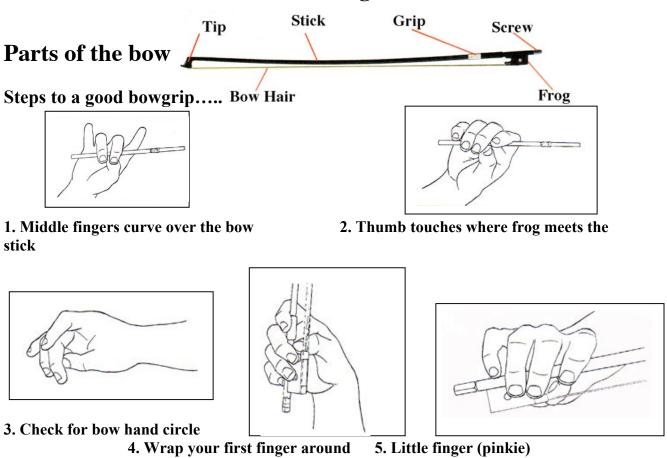
14. Cycle of Strings



15. Open String Blues



Lesson Four: Using the Bow



4. Wrap your first finger around 5. Little finger (pinkie) the stick sits on top of the stick

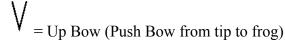


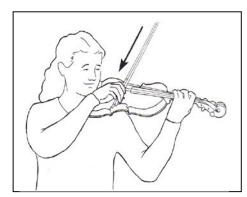
- a. Place your bow on the D string, halfway between the bridge and the fingerboard.
- b. Angle the bow so it is parallel with the bridge (your wrist should be bent upwards.)
- c. Pull the bow so it remains parallel to the bridge until you reach the tip. (You should need to bend your wrist the other way.)
- d. Move the bow and your wrist in the opposite direction

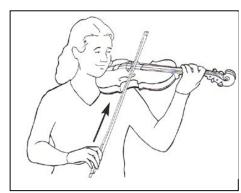




= Down bow (Pull Bow from frog to tip)

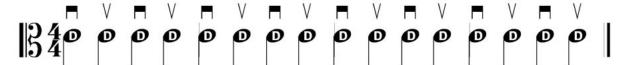




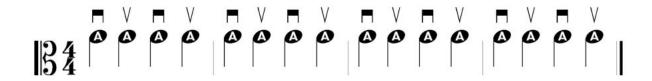


**The bow alternates back and forth unless marking is placed. Orchestra bows should all move together in the same direction.

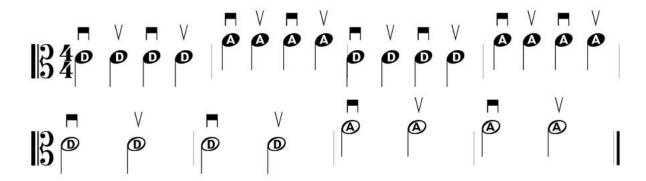
16. Bowing on "D"



17. Bowing on "A" - Tilt the bow to the A String



18. Alternate "DNA"- Tilt the bow from the D String to the A String Changing Strings: Your elbow is responsible for changing strings.



More Bowing on Open Strings

Changing Strings: Your elbow is responsible for changing strings.

19. "D" Smooth One



20. Smooth "A"



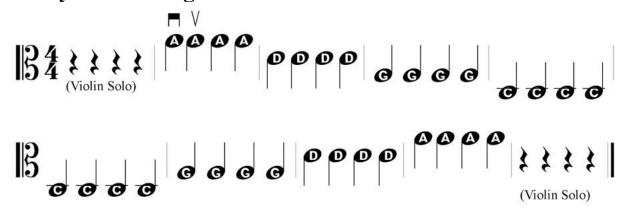
21. D N A



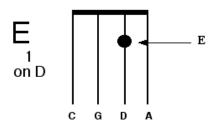
22. Teeter Totter



23. Cycle of Strings Encore



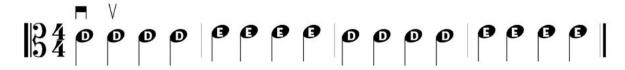
Lesson Five: "E" on the D String



To play "E" on the D string, press the tip of your first finger down securely on the first stripe on the D string.



24. A Bumpy Road



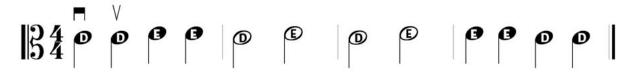
25. Smooth Sailin'



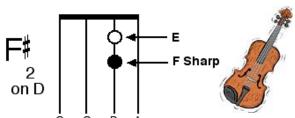
26. Back and Forth



27. Two Note Jive



Lesson Six: F# on the D String



To play F-Sharp, press the tip of your second finger on the second stripe on the D string.

Reminder: Keep your first finger on the first stripe.

28. Three Note Hill



29. Up and Down



30. Fast and Slow

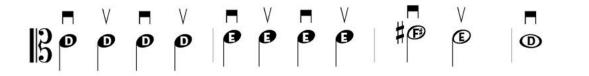


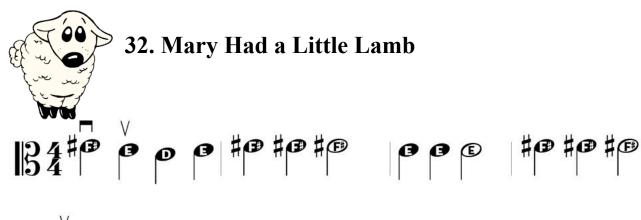
= half rest (2 beats of silence)

31. Hot Cross Buns

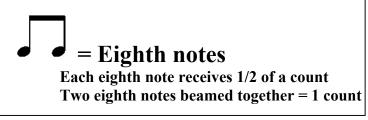


o = whole note (receives 4 beats)



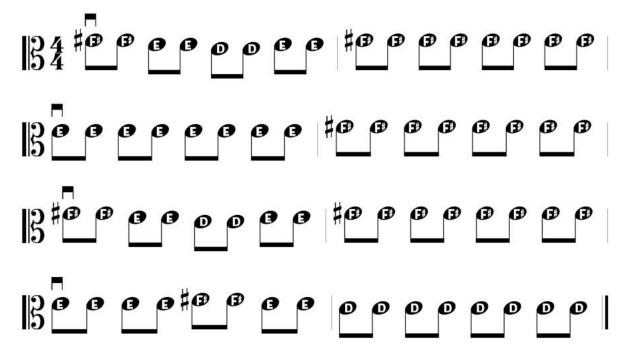








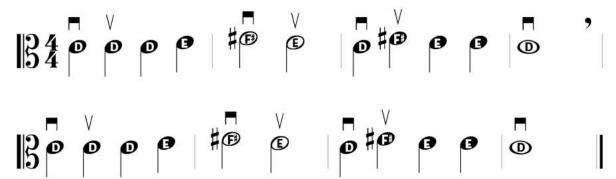
33. Mary Doubles



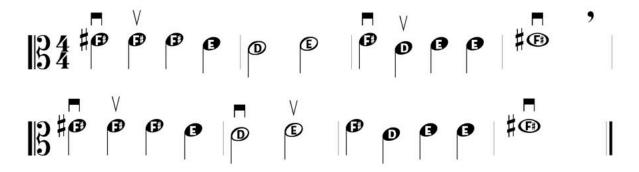
⁹ = Bow Lift

(lift the bow off the string and reset it at the frog)

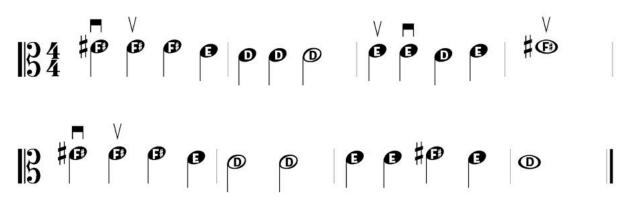
34. Claire de Lune

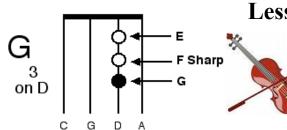


35. Lune de Claire



36. The Reapers





Lesson 7: New Note "G"

To play G, press the tip of your third finger on the third stripe.

Reminder: Keep your first two fingers down on the first two stripes on the D String KEEP ALL FINGERS DOWN

= repeat sign

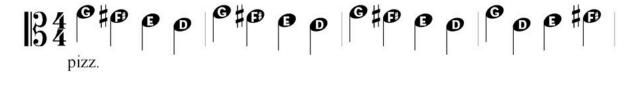
37. Going Up the D String



38. Going Down the D String



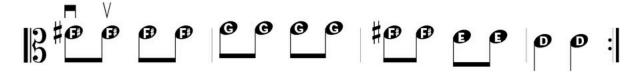
39. Pizzicato March





40. Bile Them Cabbage Down



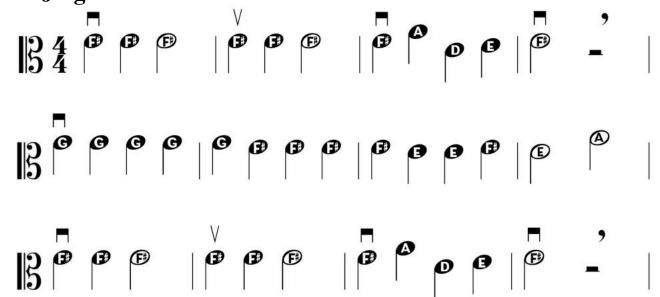


Go back to beginning and play again

• = Bow Lift

(lift the bow off the string and reset it at the frog)

41. Jingle Bells





42. Note Review

Match the note with the finger numbers

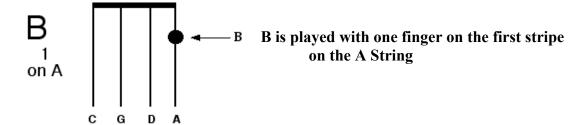
E Open D String
F# 3 on the D String

A 1 on the D string

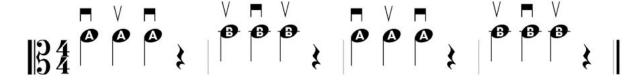
D Open A String

G 2 on D String

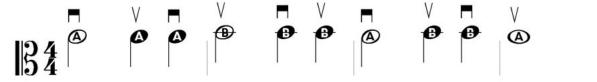
Lesson 8: New Note "B"



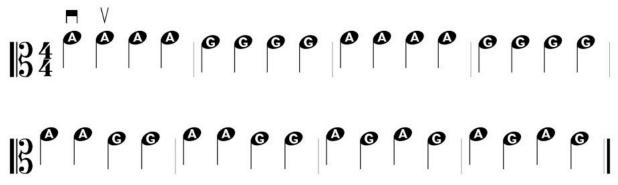
43. New Note B



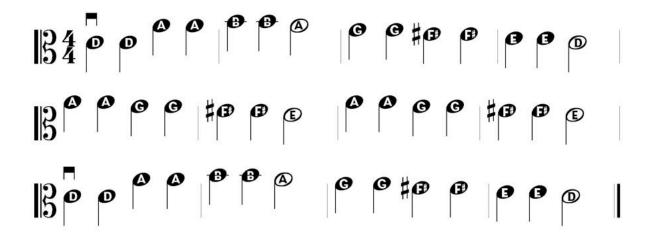
44. The Tortoise and the Hare



45. Crossing Over



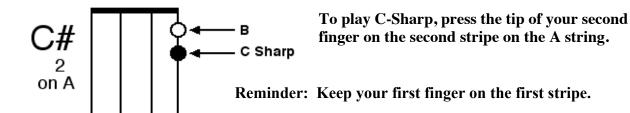
√ 46. Twinkle Twinkle Little Star



√ 47. Twinkle (Variation)



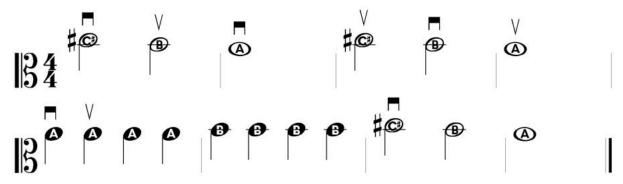
Lesson 9: C# on the A String



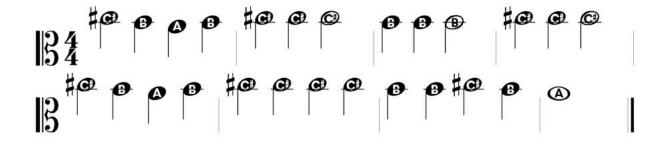
48. Up and Down the Hill



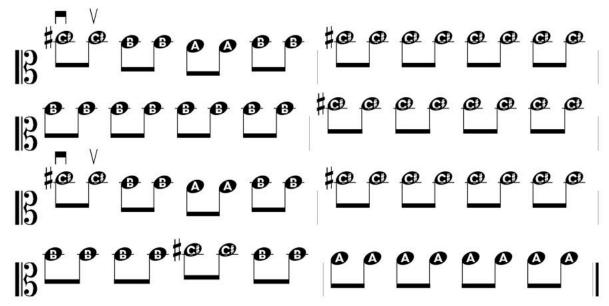
49. Hot Cross Buns on the A String



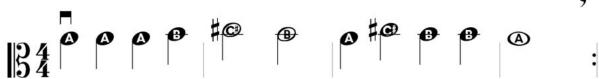
√ 50. Mary Had a Little Lamb on the A String



√ 51. Mary Double on the A String

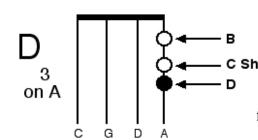


52. Claire de Lune



Go back to the beginning and play again

Lesson 10: High D on the A String



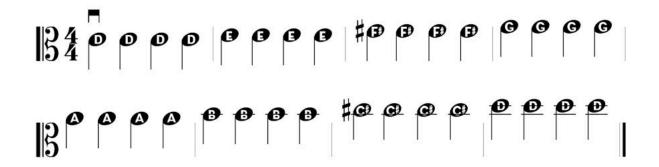
To play High D, press the tip of your third finger on the third stripe on the A string.

Reminder: Keep your first two fingers down on the first two stripes.

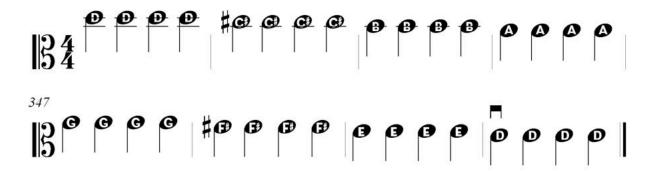
53. Up the A string

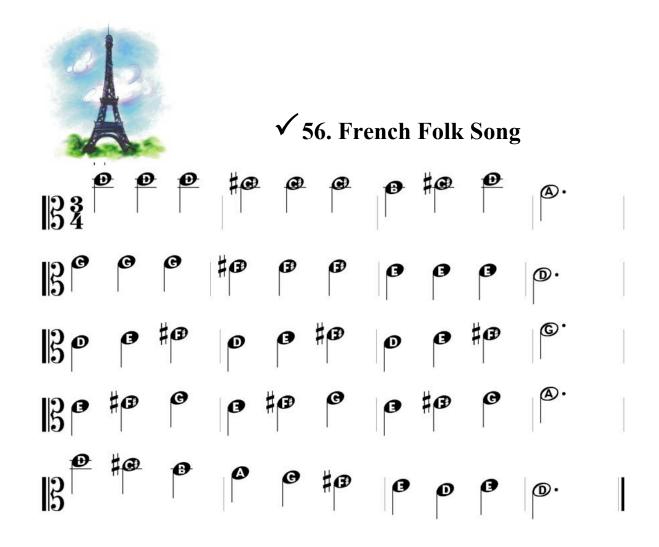


54. Climbing the D Scale

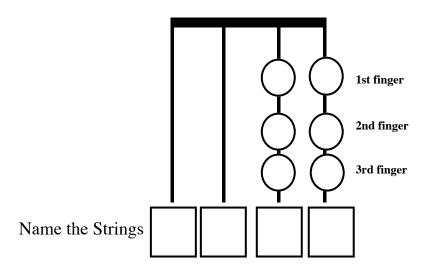


55. Descending

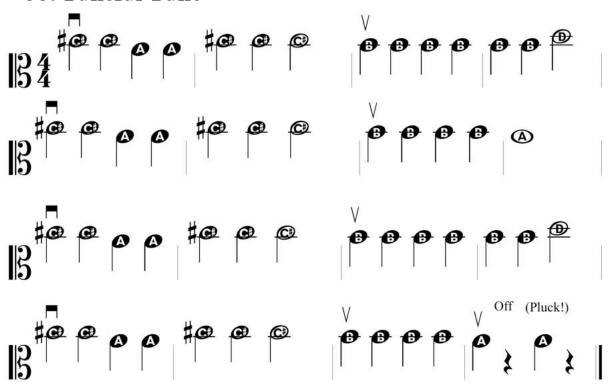




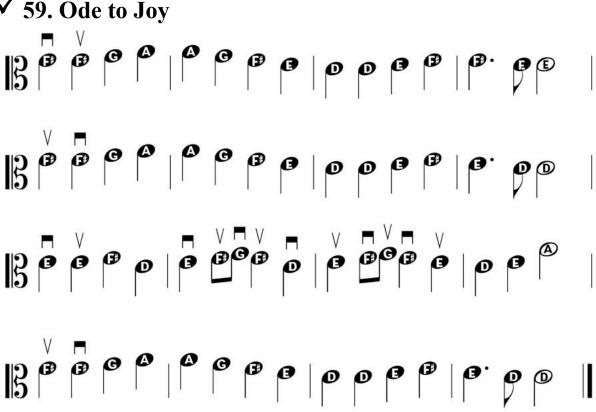
57. Note Review-Write the note names for all the notes you have learned so far



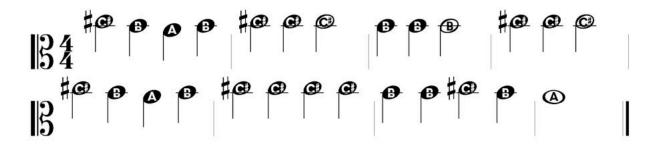
√58. Tuneful Tune



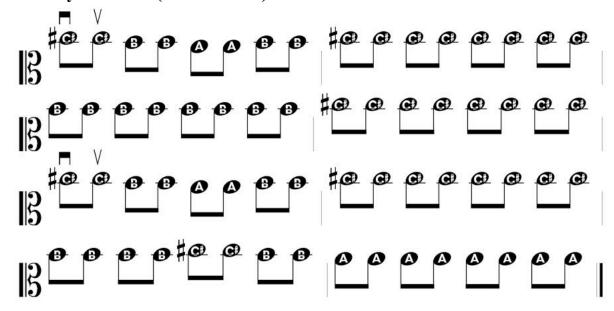
✓ 59. Ode to Joy



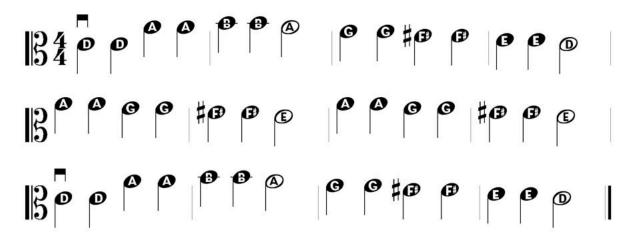
60. Mary on the A String



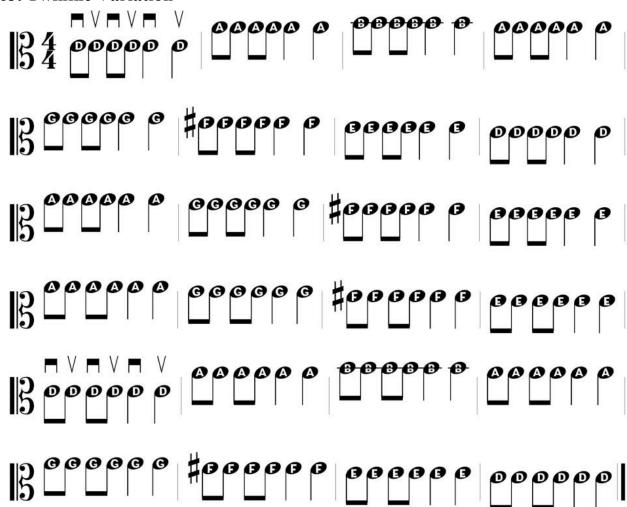
61. Mary Doubles- (1st Variation)



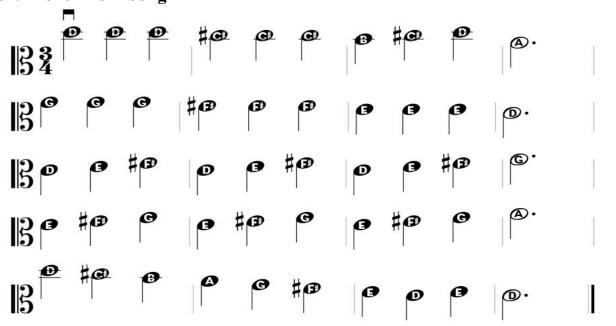
62. Twinkle Twinkle, Little Star



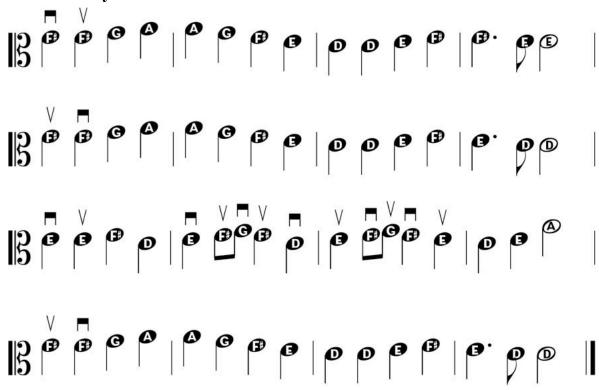
63. Twinkle Variation



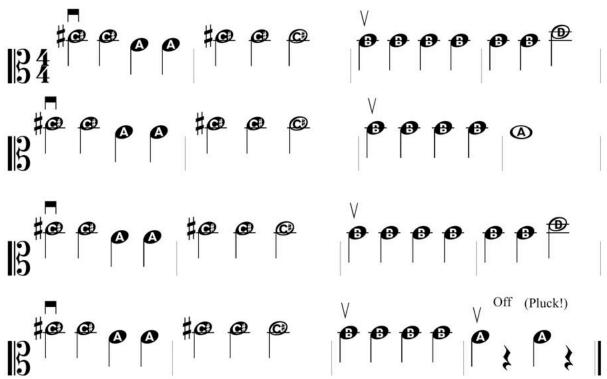
64. French Folk Song



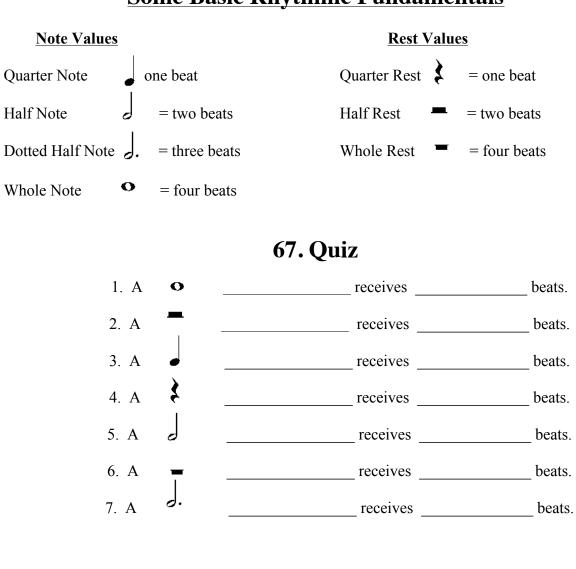
65. Ode to Joy



66. Tuneful Tune



Some Basic Rhythmic Fundamentals



Directions: Match each note to the number of beats it gets



String Instrument Word Search

								_																
N	1	F	R	F	Е	L	C	E	L	В	Е	R	Т	Α	L	0	1	٧	D	D	S	W	S	S
F	Ν	K	Α	Y	F	R	F	٧	X	D	Υ	D	0	L	Ε	М	Q	1	Α	G	Χ	Q	Н	E
Т	Н	F	В	В	С	G	С	L	Р	1	Z	Z	1	С	Α	Т	0	Р	Е	S	R	Т	Α	L
Н	Q	Q	E	R	Н	Υ	Т	Н	M	E	K	E	Y	F	F	0	R	P	Е	E	Р	1	R	0
F	Т	J	Li	L	E	0	W	С	U	F	18	С	В	1	L	E	G	Т	Χ	С	В	M	P	Н
Х	S	Ν	В	R	С	1	Ε	M	P	0	N	Y	N	L	D	N	0	S	C	E	0	Ε	Υ	D
P	Ε	Ε	U	E	1	S	0	В	R	1	D	G	Ε	L	-1	Ν	V	R	1	1	W	S	Q	N
-1	R	Т	0	P	В	Ε	S	N	Т	В	E	С	U	Ν	L.	D	0	Ε	Т	P	L	1	E	U
R	F	0	D	E	U	0	V	Α	B	R	K	0	U	K	L	0	W	Ν	S	L	1	G	N	0
G	L	Ν	D	Α	S	N	W	F	В	E	Н	Т	T	Y	0	W	H	U	Ε	1	F	N	1	S
V	/ A	Ε	0	Т	Α	Q	1	0	Н	S	J	G	J	G	R	Ν	0	Т	R	Α	Т	Α	L	U
0	Н	L	W	S	M	Е	Α	S	U	R	E	R	Y	Н	С	В	L	Е	N	Т	Q	Т	R	N
В	٧	0	N	1	0	R	E	Т	0	N	F	L	Α	Н	S	0	E	N	1	Y	M	U	Α	P
Α	D	H	В	G	D	Α	R	С	0	R	٧	G	С	U	В	W	R	1	Н	W	K	R	В	S
M	N	W	Α	N	٧	1	0	L	1	N	F	R	0	G	Q	Q	Е	F	C	E	٧	Е	U	E
Т	S	E	R	R	E	T	R	Α	U	Q	U	P	В	0	W	P	S	U	N	D	K	C	E	Ν
F	E	L	C	0	Т	L	Α	R	D	G	J	N	E	J	N	0	Т	T	U	В	D	Ν	E	K

alto clef bow lift down bow half rest quarter note sharp treble clef whole rest arco
bridge
end button
measure
quarter rest
shoulder pad
tuning pegs

barline cello fine tuners melody repeat sign sound holes up bow

bass clef chin rest fingerboard neck rhythm tailpiece viola bow double bar frog notes rosin tempo violin bow grip down bar half note pizzicato scroll time signature whole note

Reading Music

Staff

A music staff has five lines and four spaces.

The alto clef is located at the beginning of every staff and tells us this music is for viola and other medium pitched instruments.

Time Signature

4

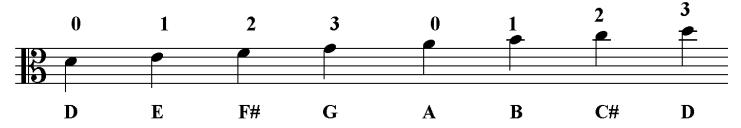
The top number tells us how many beats are in each measure. The bottom number tells us which kind of note receives one beat.

Rhythm Chart Whole note = 4 beats Half note = 2 beats Quarter note = 1 beat Eighth note = $\frac{1}{2}$ beat

4 Steps to Success

- 1. Count and clap the rhythms.
- 2. Clap and sing the note names.
- 3. Sing note names and shadow bow.
- 4. Play.

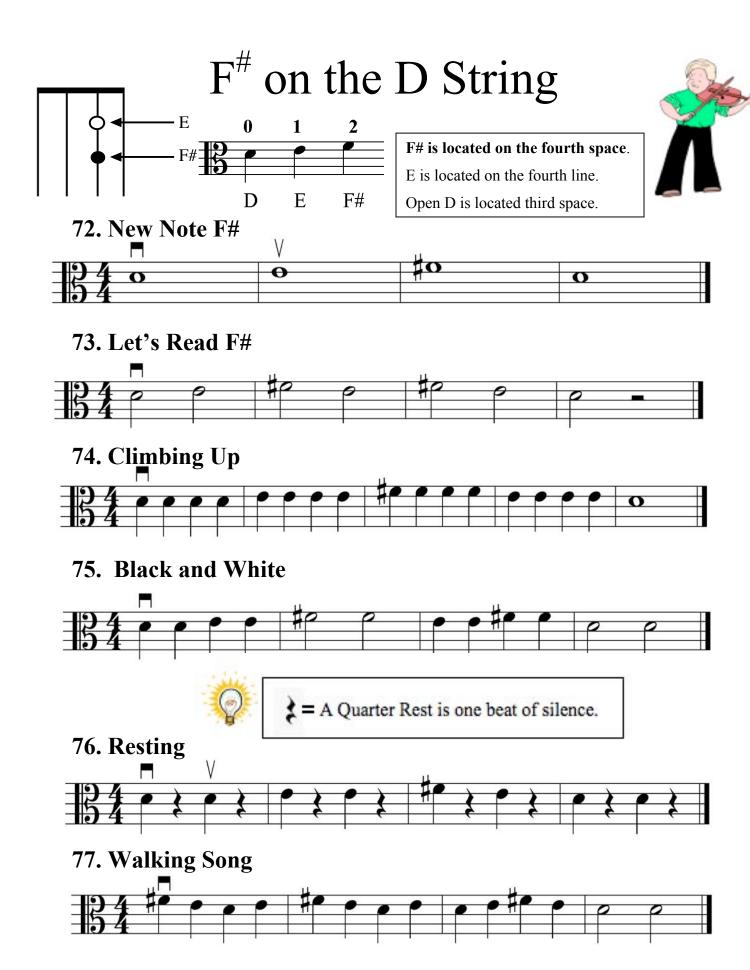
Note Name and Fingering Reference Chart





There are four counts in each measure. Write each count in the correct space. Start each measure with count one. Don't forget that half notes receive two counts and whole notes receive four counts!





F# Tunes



9 Bow Lift

Lift bow off of the string and reset at the frog.





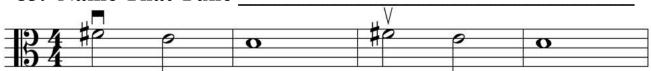
More F# Tunes

82. Write the note names on the lines below.





83. Name That Tune



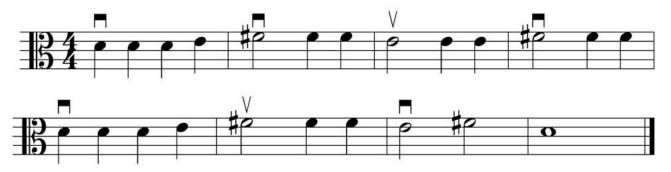


84. Name That Tune





85. Peter's Hammer



G on the D String



G Tunes

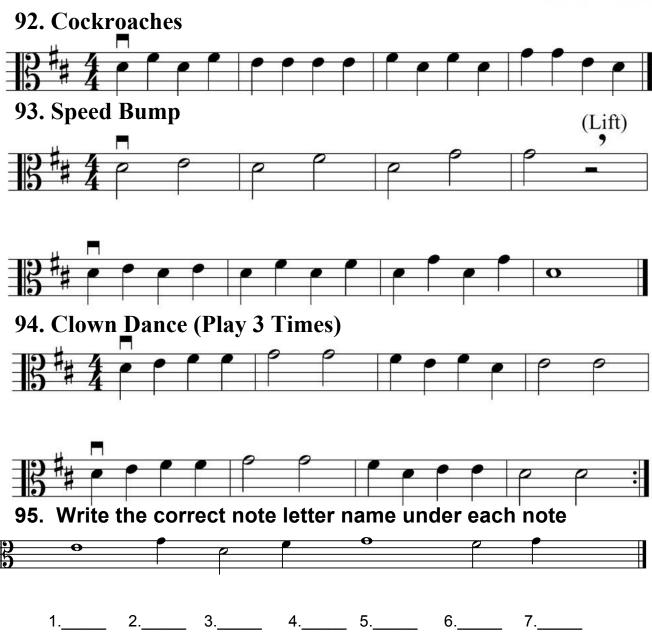


KEY SIGNATURE



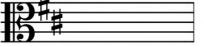
In this *key signature* you will play all F's as F[#]'s and all C's as C[#]'s. The *key signature* is always located at the beginning of each line. You will notice that there are no longer any sharps located in the songs.

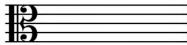




96. Draw four E quarter notes 2. Draw four F[#] quarter notes 3. Draw two G half notes





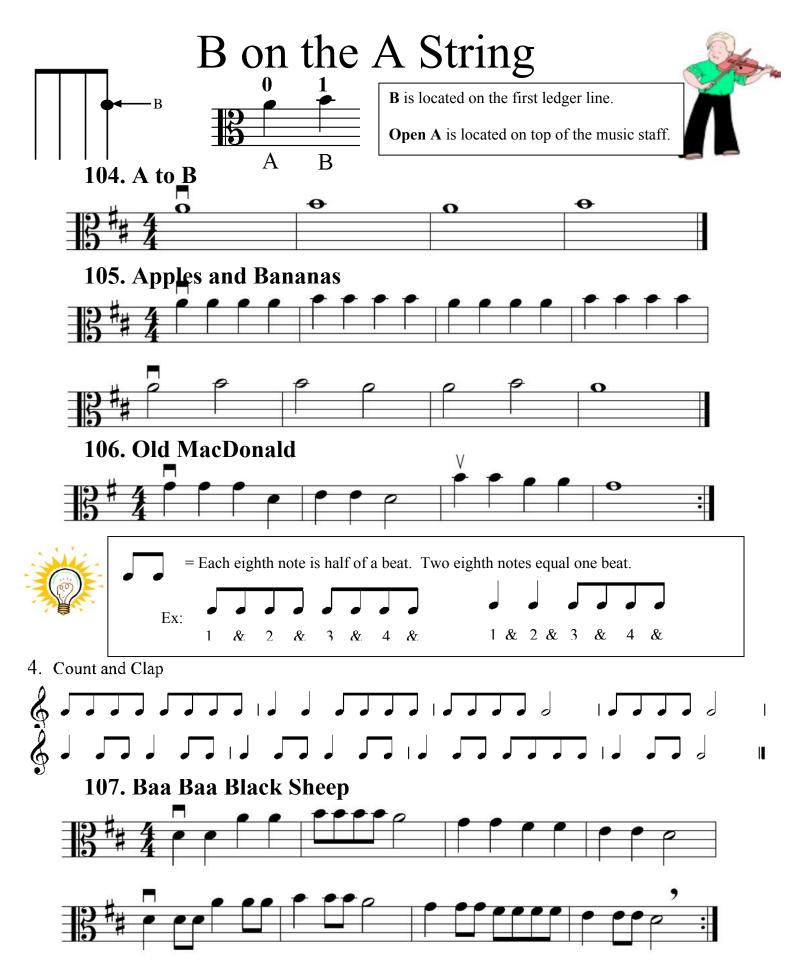


Crossing Strings: New Note A

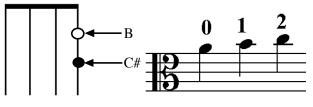








C[#] on the A String



C# is located on top of the first ledger line. **B** is located on the first ledger line.

Open A is located on top of the music staff.



108. My A-B-C-'s



109. Apples, Bananas, and Cherries

В

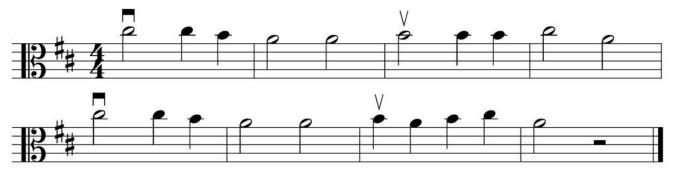
C#



110. Merry Go Round



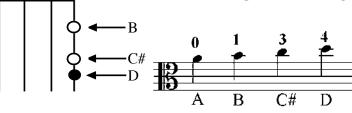
111. Go Tell Aunt Rhodie



112. Name That Tune



D on the A String



D is located on the second ledger line.
C# is located above the first ledger line.
B is located on the first ledger line.

Open A is located on top of the music staff.

113. Reaching for High D



114. Donkey Song



115. Rockin' on the A String



116. D Major Scale and Arpeggio



D Tunes



A Repeat Sign tells you to repeat the music.



117. School March







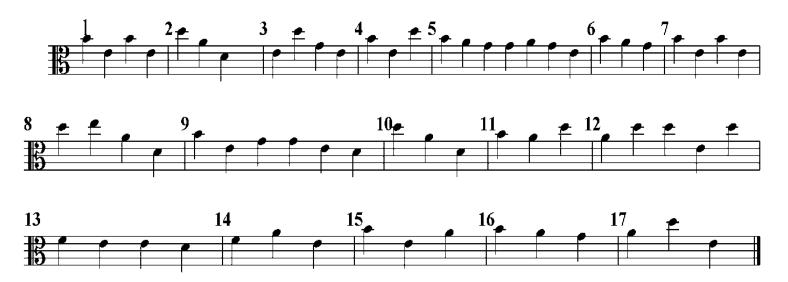




119. Scotland's Burning



Complete the Story



Each group of notes spells a word. Use the words to fill in the blanks in the following story. The number "1" group spells the word for the number "2" group spells the word for the number "2" blank, and so on.

	_(1) and her	mom and	(2) were moving into a new home at the			the
	_(3) of towr	n. It was their last	night in the	old house. E	verything w	as
moved out exc	cept a	(4), som	e	(5), an	d a sleeping	1
(6)		(7) said, "It sur	e is	(8) aroun	d here."	
She	(9) to hav	e a party that last	night, but _	(2	l0) said it w	as a
	_(11) time to	o have friends over	, and, too it	was late. Moi	m	(12)
that there was no way she could(13) anyone, so a party was out. Just						
then the door	flew open.	There were Ruthie	·,	(14) and		<u>(</u> 15)
standing in the doorway, yelling "Surprise!" Each carried a(16) filled with						
goodies. They	also brougl	nt paper plates and	cups. There	e was even a j	jug of lemon	I
((17). What	started out as a du	ll evening tu	rned out to b	e a fun time	for all.

Glossary of Terms

Accidentals (#,4,b): sharp, natural, and flat symbols for altering pitch.

Arco: to play using the bow.

Arpeggio: notes of a chord played separately.

Beat: the pulse of the music.

Bow lanes: point of contact of the bow, near the bridge or near the fingerboard.

Bow lift: lift the bow from the string and return to the frog in a circular motion.

Clef sign: located at the beginning of each line of music, the clef sign defines the letter names for the lines and spaces on the staff for your instrument.

Col legno: or more precisely col legno battuto (<u>Italian</u> for "hit with the wood"), is an instruction to strike the string with the stick of the bow.

Down bow: moving bow toward tip; pull.

Duet: music in two parts.

Fermata: symbol indicating to hold a note longer.

Key signature: identifies notes that are raised or lowered.

Ledger lines: extend the staff with small lines written above or below.

Legato: play with smooth bow strokes.

Measure: the space between barlines.

Octave: a pitch that is eight notes higher or lower and both pitches have the same letter name.

Pizzicato (*pizz.*): pluck the string with the index finger of the right hand.

Repeat sign: go back and play a section of music again.

Scale: a set of eight notes in ascending or descending order that begins and ends on the same letter.

Spiccato: bowing technique for string instruments in which the bow bounces lightly upon the string.

Staccato: stopped bow stroke.

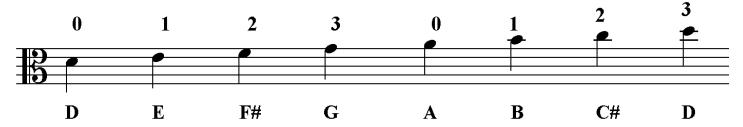
Staff: 5 lines and 4 spaces, used for writing music.

Time signature: indicates how many beats are in a measure (top number) and what kind of note gets one beat (bottom number).

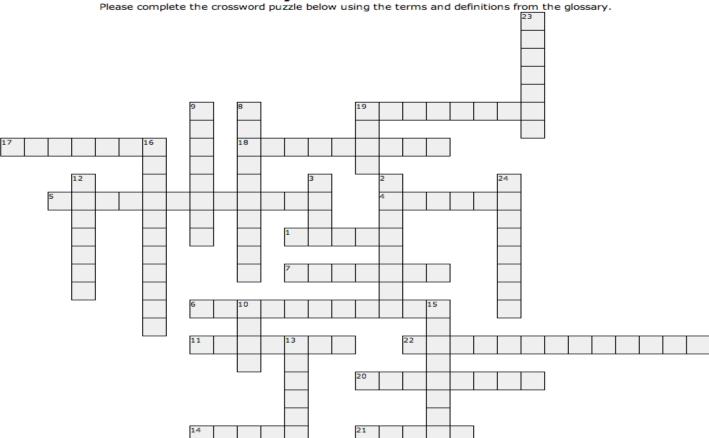
Tremolo: shake the bow back and forth rapidly as if trembling.

Up bow: moving bow toward frog; push.

Note Name and Fingering Reference Chart



Glossary Crossword Puzzle



Across:

- 1. 5 lines and 4 spaces, used for writing music
- 4. play with smooth bow strokes
- 5. identifies notes that are raised or lowered (2 words)
- extend the staff with small lines written above or below (2 words)
- lift the bow from the string and return to the frog in a circular motion (2 words)
- 11. shake the bow back and forth rapidly as if trembling
- a set of eight notes in ascending or descending order that begins and ends on the same letter
- symbol indicating to hold a note longer
- 18. pluck the string with the index finger of the right hand
- 19. notes of a chord played separately
- 20. stopped bow stroke
- 21. moving the bow toward frog; push (2 words)
- 22. indicates how many beats are in a measure (top number) an what kind of note receives one beat (bottom number) (2 words)

Down:

- 2. located at the beginning of each line of music, this symbol defines the letter names for the lines and spaces on the staff for your instrument (2 words)
- 3. the pulse of the music
- 8. go back and play a section of music again (2 words)
- 9. points of contact of the bow, near the bridge or near the fingerboard (2 words)
- music in two parts
- the space between barlines
- 13. a pitch that is eight notes higher or lower and both pitches have the same letter name
- bowing technique for string instruments in which the bow bounces lightly upon the string.
- 16. sharp, natural, and flat symbols for altering pitch
- 19. to play using the bow
- 23. moving bow toward tip; pull (2 words)
- 24. an instruction to strike the string with the stick of the bow (2 words)

